

## CONTINENTAL MENU

### Continental Buffet

R170PP

*Served: Breakfast 7:00 am – 10:30am*

Selection of Fruit Juices  
apple, mango, orange & guava

Freshly Sliced Fruit

Choice of Yoghurt  
fruit or plain

Selection of Cereals  
all bran, corn flakes, home-made muesli

Selection of local cheese & cold cuts

Freshly Baked Pastries

Home Made Breads

Whole Fruit

Mixed Fruit Salad

Mixed seeds, nuts, & dried fruits

Smoked salmon & cream cheese

Filter coffee Or choice of tea - 5 roses, English breakfast, Rooibos, Earl Grey

### COFFEES & TEAS

filter coffee R35  
single/double espresso R30 / R35  
café latte R40  
cappuccino R40  
5 Roses English breakfast, Rooibos, Earl Grey,  
green, chamomile, peppermint, lemon  
R 35  
single/double red espresso® R35 / R40  
red latte® R40  
red cappuccino® R40

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## PLETTENBERG HOT BREAKFAST

### Garden Route Breakfast

2 farm eggs, bacon, 2 sausages, grilled tomato, mushrooms, baked beans  
R130

### Farmers Omelette

Emmenthaler cheese, tomato, green pepper, mushroom, ham  
R95

### French Toast

local sour fig, honey, crispy bacon, toasted almonds, maple syrup  
R115

### Banting Breakfast

sautéed mushrooms, rocket & cherry tomatoes, parmesan, crispy bacon, poached egg, hollandaise  
R130

### Eggs Benedict

Classic – back bacon

R95

Royale – salmon

R105

Florentine – creamed spinach

R85

English muffin, hollandaise sauce, poached eggs

### Rolled Oats Porridge

spiced apples

R55

### Extras

2 Mini Breakfast Sausage (beef or pork)

R15

Extra Egg

R10

Sliced Avocado (subject to availability)

R20

Smoked Salmon

R55

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